

Good dinners, on repeat.

Keep the meals that work. Leave room for a change of plans.

Week of _____ People eating _____

TWO WEEKS OF DINNER

Day	Week A	Week B	Cooking notes
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
Sunday			

KEEP THESE FAVORITES

Before each shop: check who is home, available time, and ingredients already here.

Mark nights away from home. A two-week menu does not require cooking every day.