

Dinner is already here.

Check the kitchen. Choose a few dinners. Shop for the gaps.

Week of _____

People eating _____

01 WHAT IS IN THE KITCHEN?

Ingredient / location	Amount I have	Dinner to use it in	Need to buy

02 GIVE IT A DINNER

Dinner 1 _____ Day _____

Dinner 2 _____ Day _____

Dinner 3 _____ Day _____

Check amounts and condition before choosing meals.
Use complete recipes and follow their cooking and storage instructions.